

Annual Review 2011



The Children's
FOUNDATION

Improves children's health in North East England



Chairman's message



Last year was our 20th year and in every way a significant one for The Children's Foundation; one of both celebration and progress. Following a restructure we continued to meet all of our fundraising commitments.

We celebrated our 20th Anniversary with a glamorous ball and also an impressive AGM, graced by the presence of our Founder Sir Al Aynsley-Green and a number of our original supporters. We continued to support our key programmes, particularly around our three core areas of **HAPPY, HEALTHY, SAFE** and I am pleased to be able to record that we have made real progress in all three areas.

In the first of these three areas, **HAPPY**, we are continuing to focus on severe mental health disorders in children & young adolescents. Our aim is to build on the success of the pilot project that took place last year and raise funds which will enable us to build a safe haven within the community.

For the fourth year running, children with disabilities and those in their lives were honoured at our Stars Awards ceremony which was held at Hartlepool's Maritime Experience.

Our **HEALTHY** projects also continue to gain momentum, and I am pleased that we have funded our first 3-D pain-relief monitor in the new Great North Children's Hospital in Newcastle. We are working with Amazing Interactives Ltd, to develop these monitors and I hope that once we have been able to endorse the medical outcomes with objective research, they will become a significant aid to pain-relief and to children's recovery in hospital.

I am particularly proud of the on-going success of our leading programme under our **SAFE** banner, the Whoops!™ Child Safety Project. Since the project was set up in March 2000 they have worked with over 100,000 children parents/carers and professionals across the North East in the region. They have made extremely valuable progress and they continue to be the leader in the field of child accident & prevention.

In the context of the current difficult economic climate, and the staff restructuring that occurred during the year we also felt it was important to ensure our resources are focused on those projects which are delivering the highest impact. As a result of this process, a degree of rationalisation has taken place, which unfortunately led to three redundancies. We also considered our future strategy and recognised the importance of providing innovative interventions in areas of child health that are currently under represented. This is consistent with the aims of the charity.



I am pleased to report that all this work by the Board of Trustees together with the commitment from our remaining staff at The Children's Foundation and Whoops seems to be paying off; 2011 has started well, and I am hopeful that it will continue this way.

My thanks go to our Board of Trustees, without whom I could not have negotiated my way through these complicated issues. I am particularly indebted to Professor Alan Colver, for his leadership of our Research Advisory Panel that oversees our medical and paediatric work; to Mary Dryden of MDA, who has been very helpful covering our PR and media issues and to Jon Balmer who has been a huge support overseeing our financial affairs.

I would like to give special thanks to Lucy Winskell who is retiring this year. Lucy joined the organisation in 2000 as the Chairman of the Board of Trustees; in 2006 she relinquished Chairmanship but stayed on as a very active and committed Trustee. Lucy has made an exceptional contribution to the charity and we are sad to see her go.

Over the course of the last year we have also said goodbye to some other Trustees; Sam Cramond, James Duncan, David Haley and Andrew Friend all of whom I would like to thank for their help and support.

My sincere thanks also go to our staff who have been remarkably loyal and understanding through what has been a difficult time for them. I would particularly like to thank Carole Hewison, who has shouldered much of the operational burden of running both The Children's Foundation and her own Whoops programmes.

Finally, I would like to thank all our supporters and volunteers, without whose help and commitment, we could not continue to be as effective as we are. I am pleased to be able to mention in particular, Sue Bell who designs our marketing material and annual review each year.



Vision

The Children's Foundation's vision is to create opportunities for Happy, Healthy and Safe children across North East England.

Charity's Current Aims

The three main aims of the charity are:

Happy: Developing innovation to help prevent and cure children from becoming ill and to reduce stress for both the child and their family.

Healthy: We work in partnership to improve life chances of children with physical, mental and emotional needs.

Safe: We deliver practical interventions both in the home and wider community, to improve the safety of children in the North East.

Children and young people living in the North East still have the poorest health in the UK. For twenty years The Children's Foundation has been committed to improving this statistic and allowing all children born into our region the opportunity for a happy, healthy and safe life.



Happy

Children's Mental Health

The Children's Foundation are aware that there is a vital need within the North East to provide interventions in areas of child health that are currently under represented. Therefore, one of our main focuses for 2011 is to work towards improving the mental health of children & young people, making small but effective improvements at ground level, which will benefit people of all ages and backgrounds.

Mental health problems present themselves in different ways at different ages so it is important people are made aware of this and know what to look out for. By improving mental health and public understanding & knowledge around this subject we believe it will have a positive impact on communities as a whole, in terms of employment, safety and crime reduction, homelessness etc.

Below are a few statistics to summarise what we are dealing with as a society :

- **At least one in four people will experience a mental health problem at some point in their life**
- **One in ten children aged between 5-16 has a mental health problem**
- **Half of those with lifetime mental health problems first experience symptoms by the age of 14 and three -quarters before their mid -20's**
- **About one in 100 people has a severe mental health problem**
- **Self harming in young people is not uncommon(10-13% of 15-16 year olds have self harmed)**

The Childrens Foundation is keen to help address & improve these shocking statistics.

We are currently raising funds to provide a safe haven within the community where families can attend and receive detailed assessments, group & family therapy for children with intractable difficulties.

We piloted this project back in February 2010, and it proved a success.



Daslne

The Children's Foundation is happy to report that database Daslne which was officially launched in October 2003 now has information on 900+ children and young people with Autism of Children with Autism Spectrum Disorder living in the North East.

The idea of the database is to help plan services in the region by providing accurate reports and answering important questions about the changing numbers of North East children with ASD and their needs. This will enable services and voluntary organisations to plan ahead and provide high quality support to children with ASD and their families.

Currently the Daslne team are carrying out a survey of young people with Austism Spectrum Disorder approaching transition to adult services.

“The parents learned better to cope, the children showed improved behaviour, reported that for the first time that they felt 'accepted', developed friendships and where necessary were reintegrated to school. Although of a relatively short duration, for some children the extreme end of behavioural and emotional problems, it is apparent that a decisive intervention by highly skilled staff, aimed simultaneously at parents and children can powerfully influence development.”

Dr Paul McArdle - Consultant Child & Adolescent Psychiatrist

Healthy

Hydrotherapy Pool Project Findings

The hydrotherapy pool pilot project kindly funded by The Barbour Charitable Trust took place during January - March last year for five weeks, and has proven a success.

The Steering Group are keen to offer a hydrotherapy pool session similar to the pilot, obviously this is funding dependant. However, to avoid limiting the target audience as with the pilot, the physiotherapists will send a questionnaire to all clients on their database and move forward once they can determine the number of participants.

The parent's questionnaire revealed that they all found the sessions helpful, easy to understand / follow and felt more confident in handling their child. In addition the parent's felt the sessions were 'what they expected' the content suited their children and the skills they learnt could be used in a bath or swimming pool environment.



Limbs Alive

2010 has been another triumphant year for the Limbs Alive team. We were successful in securing funding from 'Awards for All' to purchase 10 laptops, to provide a library of resources for children to utilise when attending the Limbs Alive support groups at The Children's Foundation. This allowed us to provide a library of resources for children to utilise when attending the Limbs Alive support groups at The Children's Foundation, which enabled them to play specially designed video games encouraging the use of the weaker hand and also improving the child's co-ordination. A research trial to study the effectiveness of these video games to improve two-handed function of children with hemiplegic cerebral palsy will take place this year with children from all over the North East of England. In September 2010 a 'Family Fun Day' took place when the children with cerebral palsy and their families came along and took part in a number of informal workshops & activities based on a circus/fairground theme.



Child Health Records

The Children's Foundation is proud to still be supporting the Personal Child Health Records (PCHR), produced by Harlow Print.

The first ever PCHR was produced back in 1990s, and by May 2000 the regional record was issued to every baby born in the following areas Northumberland, Newcastle, Gateshead, South Tyneside, Sunderland, Hartlepool, Middlesborough County Durham, Darlington & Redcar. The record provides instant, accessible information from birth through the early years and in some areas into the child's school years too.



Safe

Whoops!



child safety project

Congratulations to the Whoops! Child Safety Project who celebrated its 10th anniversary with another successful year.

To date, since March 2000 we have worked with over 100,000 children, parents/carers and professionals across the North East. Accidents to children have been in decline over the past ten years but through research we know that this decline is exclusively from wealthier families. As our work is targeted at disadvantaged communities, our course deliveries assist in achieving our aim of equalising life chances for our babies and children.

We are still the only organisation in the North East who are working in the field of accident prevention and child safety.

Our most popular courses in the community are home safety, baby burns prevention, community and paediatric first aid, child safety basics and child safety officer to name a few. In schools our popular lifeskills for kids includes anti-bullying, social behaviour and personal safety which incorporates road safety, stranger danger, internet safety etc.

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Every year accidents in the home claim the lives of 300 children (0-15 years) with 80 of these deaths per year to our babies under 5 years old.

The most common accidents are:

Trips and falls – 36,500 children every year – resulting in 1,100 children left severely disabled.

Burns and scalds – 37,000 children each and every year are taken to hospital with burns or scalds. The main perpetrator of serious burns and scalds being tea and coffee, bath water, hair straighteners and electrical equipment.

Choking, poisoning and strangulation – hundreds of children are admitted following one of these three incidents – food and small toys are the cause of most choking episodes, chemicals and cleaning fluids for poisoning and cords from window blinds and any type of clothing with straps or hoods cause the most cases of strangulation.

Baby and Child Lifesaving Sessions

We deliver over 120 of these sessions every year in GP surgeries, clinics and children's centres across the region. This incorporates home safety, recovery positions, CPR and resuscitation, choking, poisoning and burns and scalds.

Carole Hewison, project director, said: "I urge every new parent and grandparent to come along to one of our baby and child lifesaving sessions before their child becomes mobile - don't leave it to chance. We provide each attendee with an information guide that is designed to be easy to digest and provides simple tips to help make parents more safety conscious. Learning basic lifesaving techniques could save your child's life in the event of an accident."

Child Safety Officer

We now have 28 **CENTRES FOR EXCELLENCE** in Child Safety across the region. Staff who are trained receive a child safety officer status after having the increased knowledge in the workplace about health and safety, dynamic risk assessing and prevention. The National Database of Child Safety Officers can be found on our website www.whoopschildsafety.co.uk



THE great north CHILDREN'S HOSPITAL



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We continue to support the Newcastle upon Tyne Hospitals NHS Trust by fundraising for the new Great North Children's Hospital. The hospital is now open, but we are still raising money to provide new high-tech facilities which will help to make the environment inside as comfortable and stress free as possible for the children.

In 2010 we were focused on raising funds for The 3D Sensory Distraction Therapy units which are designed to encourage children to breathe properly, relax during diagnostic tests and develop skills for anxiety and pain management. They are proving to be an invaluable resource.

Dransfield Properties

We owe a huge thank you to Dransfield Properties who have successfully raised £30,000 via a number of fundraising activities in order for us to purchase a 3D sensory distraction Therapy unit for Anesthetic suite in the hospital.

Mark Dransfield kicked off the fundraising by organising a team bike ride in September. The team started in London travelled to Paris, moving on to Lyon then Marseilles and finally Portafino.

Following the success of the Bike Ride and individual efforts, Miles4Smiles was held at Sanderson Arcade where competitors were pitted off against one another to go head to head on the treadmill to see who could cover a mile in the fastest time among those who took part were the general managers of Eldon Square and The Metro Centre, Phil Steele and Tim Lamb along with Tyne Tees presenter Philippa Thomson.



We are also very grateful to the following trusts for their support and donations to help us make this a fantastic resource for the region: The Wallace and Gromit Childrens Foundation, the Barbour Trust, Ruth and Lionel Jacobson Charitable Trust, Hadrian Trust, The Sir Jules Thorn Charitable Trust and the Community Foundation.

This year we are concentrating on raising funds so we can purchase smaller pieces of equipment for the new sensory room in the GNCH.

A sensory room is a place where children and adults with special needs can explore and develop their senses and skills, in a pleasant environment where the distractions of the outside world are completely absent. The overactive can be calmed, the inactive become interested. The partially sighted can see the vivid moving colours. Those mobile can chase the slowly moving images.

If you would like to support the Great North Children's Hospital please contact Kerry McCormack.

Community

Schools and colleges from across the region have been coming up with ways of raising money for The Children's Foundation and getting children involved in fun activities.

Westlane Primary School

Over 200 pupils from West Lane Primary School in Winlaton took part in a challenge to run laps around an obstacle course set up on their school field. Children donned their PE kits and running shoes to raise over £400 for The Children's Foundation.

Rotary Clubs Support

Durham Rotary Club raised funds by opening up their car-park to shoppers on Saturdays and charging them to park, donating a grand total of £400. Stokesley Rotary Club have also made a generous donation of £250 towards our Happy, Healthy, Safe appeal.



HAPPY, HEALTHY, SAFE.

Run Geordie Run

North East action man Mark Allison has continued his amazing fundraising and training this year. In May 2011 he is set to run 3,100 miles in 100 days travelling from California to New York to raise £50,000 for local charities

The Children's Foundation and St Benedict's Hospice. There is still time to support Mark's amazing challenge. Visit his website www.rungeordierun.com to find out ways of getting involved including buying tickets for the Run Geordie Run Ball on 3rd September 2011.



Mark's Alcatraz Challenge

Mark Laing got into his wetsuit, and then put his trainers on, to raise money by taking part in the Alcatraz Aquathlon. The challenge saw him swim 1.5 miles from Alcatraz and then undertake a 7 mile outback run across the Golden Gate Bridge. Mark raised £4,787 in sponsorship for The Children's Foundation.



Kings School

Kings School in Tynemouth held four performances of their senior musical The Wizard of Oz and carried out collections for us, dressed in our own Wizard of Oz costumes, before each performance. The students did an amazing job and collected over £820 towards our Happy, Healthy, Safe appeal.

Collections

The Children's Foundation staff and volunteers have been very busy collecting this year. We had three collections at IKEA Gateshead so far this year, resulting in a fantastic accumulative total of £814 being raised. In February, generous footballers dug deep to put money in our buckets outside Sunderland's Stadium of Light, giving a grand total of £920. And last month Dorothy, the Tinman, Lion and Scarecrow collected £172, at performances of the Wizard of Oz at the Journal Tyne Theatre. We also had spent a full day in March bag-packing at Marks & Spencer in the Metrocentre, Gateshead, with kind-hearted shoppers donating over £657.



Regional Small Grants

Our Regional Small Grants programme supports community projects that benefit children and young people in the North East area in line with our aims and objectives.

Last year our panel awarded a total £5,340 to six community projects across North east England

Recent award winners have included:

Association for Spina Bifida and Hydrocephalus received £1,000 which went towards the salary for the advisor service in Northumberland, Tyne & Wear, Co Durham and Teeside.

Whickham Toddler Activity Group in Gateshead, were granted £1,000. The grant was used for activities designed for children under 5 to promote good overall health and nutrition.

Eagles Community Foundation in Newcastle upon Tyne were awarded £1,000 which was used to part-fund the Hoops 4 Health programme. An afternoon is spent in a school where there are 4 rotations which include stations on healthy eating, no smoking, fitness (heart and water) & basketball.

The Regional Small Grants panel meet three times a year: March/July/November.

Any group interested in applying for a grant from the panel should contact [Kerry McCormack@nuth.nhs.uk](mailto:Kerry.McCormack@nuth.nhs.uk)

Thanks to our Regional Small Grants Panel members Peter Gavin, Vivien Stapley, Katie Iles, Dorothy Gregory & Libby Nolan. We are extremely grateful to them all.

Stars Awards

For the fourth year running, children with disabilities and those in their lives were honoured at our Stars Awards. The awards aim to recognise the challenges that children and their families face on a daily basis, reward their accomplishments and raise awareness of important issues to ensure equal opportunities. Last year, the Awards Ceremony was held at Hartlepool's Maritime Experience on 23rd June, where twenty two children proudly made their way up to the front to receive their certificate and their medal, presented to them by Lisa Shaw the Real Radio Presenter. It was a truly heart-warming moment to see such inspirational children receive an award.

We would like to say a big thank you to Land Securities, Trend International, MDA PR & Design, Hartlepool Maritime Experience and the Evening Gazette who supported the awards.



Fundraising

The circus came to town in June when we held our circus-themed ball to celebrate our 20th anniversary. Ringmaster, Ray Spencer of the Customs House transported guests into a world full of carnival spirit and surprise and children from circus skills school, Lets Circus entertained guests with stilt walking, juggling and a dramatic hula-hoop show. Thanks to sponsors Ryder Architecture, the event raised over £14,000 for our Happy, Healthy, Safe appeal.

Our Great North Idol event was held again at the Newcastle Arts Centre. Talented singers and bands from companies across the North East competed for the coveted title of Great North Idol 2010, but it was young solicitor Jonathan Bell from Dickinson Dees who stole the show on the night.

In April we saw the long-awaited return of the Stock Market Challenge event, sponsored once again by Sintons Solicitors. Fourteen teams battled it out at the Hilton Hotel Newcastle Gateshead, with £10,000 fictitious money to try their luck on Wall Street. Once again supported by The Journal, the event was one of the most electrifying events in the corporate calendar. Brewin Dolphin were crowned this year's winners with an impressive portfolio of £475,800.

Our annual golf day, held at Hexham Golf Club for the ninth year running, was another fantastic day out for our supporters and friends. Durham based TIN Arts came out victorious as this year's winners and with sponsorship from Tesco Hexham, the day raised over £2,000.

A new addition to our events calendar this year was the Run Geordie Run World Cup. The brain-child of our charity champion, Mark Allison and Ex Newcastle United footballer Paul Bracewell, the 5-a-side football tournament was held

in the warm-up to the World Cup. Teams of footballers donned colours of the competing countries and hit the pitches at Complete Football, Gosforth. After a good few games of intense football, Ward Hadaway's New Zealand team won the prestigious World Cup trophy, donated by Trend International.

In September The Children's Foundation saw over 80 runners take part in the world's most popular half marathon, the Great North Run. This was a record amount of runners and through their fantastic fundraising over £30,000 was raised.

Thank you to Kavli, producers of Primula Cheese who sponsored our runner's vests.

In November charitable fashionistas have dug deep into their designer purses, raising over £4,000 in one night at the first White Ice Party held at Newcastle Marriot Gosforth Park. Guests enjoyed fashion shows showcasing Have to Love's Autumn/Winter trends and an exciting three minute day-to-night tutorial from Hooker and Young's top hair stylists as well as soulful serenades from local swing band Jeff Dingle and the Moodswing Trio.

The Children's Foundation's calendar was very busy over the festive period, with carol singing in Eldon Square, collections at the Theatre Royal Pantomime and the highly popular Christmas gift wrapping stand also based in Eldon Square.

These Christmas activities raised a fantastic £5,000





Corporate

We have been over-whelmed by the support we have received from the North East business community in 2010 and it is particularly reassuring to see companies who continue to support us year after year.

Kavli

Producers of Primula cheese continued their support of The Children's Foundation through 2010 raising a record £13,418 through staff fundraising, corporate matching and payroll giving. The team took part in charity challenges such as the Great North Run, 3 Peaks Walk and Coast to Coast bike ride. A huge thank you goes to the staff at Kavli for their amazing dedication.

Kids 1st Nurseries

Kids 1st Nurseries, continue to hold numerous fundraising events for us throughout the year. Once again they organised their children's fashion show. Children from the Wynyard nursery took to the catwalk to show off the latest season's fashions. Their popular art auction, selling the children's own creations, took place at Quorum nursery and their annual fun day for children, staff, family and friends from all seven nurseries was held again at Newcastle Racecourse. Throughout the year the nurseries have raised over £2,000 for The Children's Foundation and continue with their annual donation to our Happy, Healthy, Safe Appeal.

Irwin Mitchell

Companies like Irwin Mitchell Solicitors continue to nominate us for their Charity of the Year and as their nominated charity for 2009/2010, we were delighted to receive donations from events such as their St Patrick's Day Quiz and Wimbledon Tournament. The staff also donated Easter eggs to give to children at the RVI hospital.

Marriott Hotel Leisure Club

Another company to play Easter bunny was the Marriott Hotel Gateshead's Leisure Club, who also asked members and guest members to donate an Easter egg for the children's wards. As we received over 150 eggs from the Marriott Leisure Club, we also were able to hand out some of the eggs to children during our Whoops Child Safety sessions.





CE Electric

Staff members from CE Electric UK, nominated us as their chosen charity last year and have done so again this year. They have been busy organising a number of fundraising activities, such as raffles and cake-bakes. The company recently handed over a cheque for £1,852.



ICAEW Quiz

Local business brains went head to head to raise over £800 at the Tyne & Wear Society of Chartered Accountants' Quiz Night, held at the As you Like It pub in Jesmond on Thursday 10 June.

Winners of the Quiz Challenge Trophy, "R G Bargy" from Ryecroft Glenton, which comprised Graham Darbourne, Andrew Cameron, Andrew Wordsworth and Jon Balmer, nominated The Children's Foundation to receive the cash raised by their success.

Nigel Mills Golf Day

A fantastic £5,000 was donated to The Children's Foundation from Mills Group Charity Golf Day which was held at Rockcliffe Hall in Darlington.

Hilton

The Hilton NewcastleGateshead nominated The Children's Foundation to benefit from their annual Round the World in a Day challenge and a sponsored walk Miles for Fun. The Hilton staff raised an amazing £1,797 through sponsorship and activities on the day.

Insiders Deal Makers Awards

For the second year the Insider Deal Makers kindly chose The Children's Foundation to benefit from their North East Awards Dinner, an amazing £2,969 was raised at the raffle on the evening.

Ways You Can Give

Gift Aid

Under the Inland Revenue's Gift Aid scheme, The Children's Foundation can reclaim the tax made on gifts. This means that if you are a UK taxpayer, your gift can be increased by nearly a third. If you gift aid your donation we can claim Gift Aid tax relief (currently 25p in every £1 donated). HMRC is also operating provisions for Gift Aid donations made between 6th April 2008 and 5th April 2011, paying a Government supplement of 3p in every £1. So at no extra cost to you, a gift of £10 will increase to £12.80. If you are a higher rate tax payer, you can claim higher rate relief via your self assessment tax return.

Payroll Giving

Your company can support The Children's Foundation by encouraging your staff to donate through Payroll Giving. It doesn't cost the company anything and is a tax effective way for staff to give regularly. The government is also providing grants for companies with under 500 employees who set up a new payroll scheme.

Giving through Self Assessment Return

Any individual is now able to nominate their chosen charity to receive their tax repayments as a donation when completing their SA return. The Children's Foundation has a unique code number - YAE21PG which can be quoted in order to divert the tax repayment to us.

Gifts of Shares & Securities

Individuals and companies can offset income and corporation tax by gifting certain shares and securities to charity. This is in addition to the exemption from capital gains tax and corporation tax on chargeable gains which was already available for gifts of investments to charity.



Gift of a Lifetime

We hope you will think about leaving a gift to The Children's Foundation when you are writing your will. You can also reduce the amount of inheritance tax payable to your estate by leaving a gift to charity. Large or small, your legacy is a very special and lasting way of helping children's health in your region.

In Memory

The Children's Foundation can help by receiving gifts in memory of your loved one, in lieu of flowers and remembering them in the next edition of Reflections. We will handle the donations in a sensitive and appropriate manner and thank people as you request.

Supporters

The following organistaions and individuals have generously made donations, awarded grants or sponsored our events. We greatly apprecaita their contribution and extend our sincere thanks. Without this support our work would not be possible

Bastiaan Hogelucht
Bev Bookless
Bibby Line Group
Carol Armstrong
CE Electric
Dickinson Dees
Durham Rotary Club
Encore Envelopes
Gary & Nicola Hoffman
Gateshead Council
Gosforth Traders
Hadrian Trust
Harlow Print
Insider Deal Makers
Irwin Mitchell
Jackie Haq Fund
Jesmond Dene House
Joanne Pybus
John Short
Joseph Strong Frazer Trust
Kavli
Kids 1st Nurseries
Kings School Tynemouth
Lord Ridley
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Sandhu News
Sintons
Surrinder News
The Barbour Charitable
Trust
The Big Lottery
The Coutts Charitable
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The Flint Family
The Hilton Newcastle
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The Munro Trust
The Percy Hedley 1990
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The Rothley Trust
The Sir Jules Thorn
Charitable Trust
Tom Owens
Ward Hadaway
Waugh Moody Mulcahy
Yorkshire Bank



Gifts in Kind and special thanks

Accent
Adam Serfontein
Alan Colver
Alison Jameson PR
AM Models
Angel Cupcakes
April Daisies
As You Like It
Aspers
Aston Martin
Aventi Jesmond
Ayla Hartman (Chorographer)
Backworth Miners Welfare
Barbour
Barn Asia
Beauty at Gosforth Park
Ben & Kelly Real Radio
Benchmark
Bishop Auckland Golf Club
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Café 21
Café Bangla at 2 Saint Bedes
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Northumberland Cheese Company
Northumbrian Piper
Northumbrian Water
Npower
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We would like to thank all those who sit on the following panels: Research Advisory Panel & Regional Small Grants

Income and Expenditure

	2009/10 £	2008/09 £
Income		
Trusts, Funds and Statutory Bodies	110,365	91,589
Community fundraising	51,960	57,989
Company donations	95,634	109,114
Events	174,713	61,802
Earned and other income	129,536	105,526
Interest	1,571	4,040
Legacies	-	2,000
Transfer from reserves	93,796	60,034
TOTAL	657,575	492,094
Expenditure		
Aim 1 - Research	77,436	67,285
Aim 2 - Service Delivery	85,176	64,892
Aim 3 - Partnerships	248,505	192,199
Fundraising & events costs	170,532	128,378
Governance costs	75,926	39,340
TOTAL	657,575	492,094

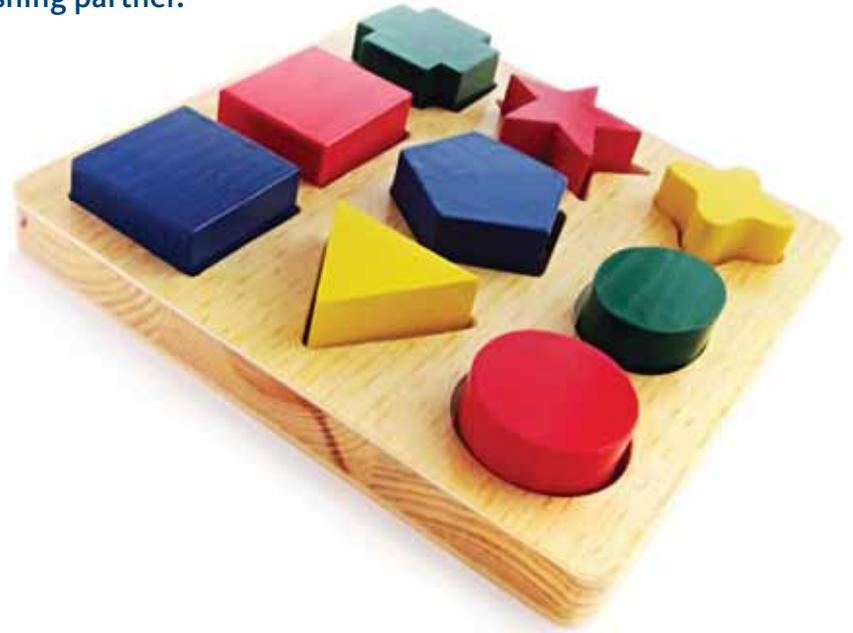
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This year's review is dedicated to the memory of :

Joan Coulson

And celebrating new arrivals:

Lola Jessica Casey McCormack

Jack Nicholas Sutton



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